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APRIL 2026
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When we hear the word *investment*, we often think of finances. But true investment is broader than dollars and cents – it’s about what we choose to protect, support and prioritize.

In this month’s issue, we explore what it really means to invest in the place we call home.

For many of us, our home is our greatest tangible investment. Protecting it isn’t just practical – it’s proactive. From thoughtful maintenance to preventative pest control with Truly Nolen Pest & Termite Control, caring for our homes ensures they remain safe, comfortable spaces where memories are made and milestones unfold. Protection today preserves peace of mind tomorrow.

Investment also extends beyond our front doors. In this issue, we’re honored to highlight local nonprofits that are pouring their time, energy and resources back into our community. Supporting these organizations – whether through donations, volunteering, or simply spreading awareness– is an investment in the future of Northlake. Strong communities are built when we choose to show up for one another.

And sometimes, the best investments aren’t financial at all – they’re about how we spend our time. With the excitement building for the upcoming NASCAR event at Texas Motor Speedway, we partnered with the organization to share tips to help you make the most of the experience. Whether you’re a longtime racing fan or attending for the first time, investing your time in shared experiences creates lasting memories with family and friends.

This month, I encourage you to think intentionally about where you’re putting your resources, energy and time. When we invest wisely in our homes, our community and our relationships, the return is something far greater than profit. It’s stability. It’s a connection. It’s a life well-lived.

With gratitude,

KELLIE KREVOISKY, PUBLISHER
@NORTHLAKECITYLIFESTYLE



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CITY LIFESTYLE™

April 2026

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Proverbs 3:5-6

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Claudia Villasana-Munoz, founder and owner at Catrina Curia, poses with her line of work bags outside of Justin Coffee & Trading Co.

Photography:
Savanna Romano

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Family Review
★★★★★
Jennifer M.

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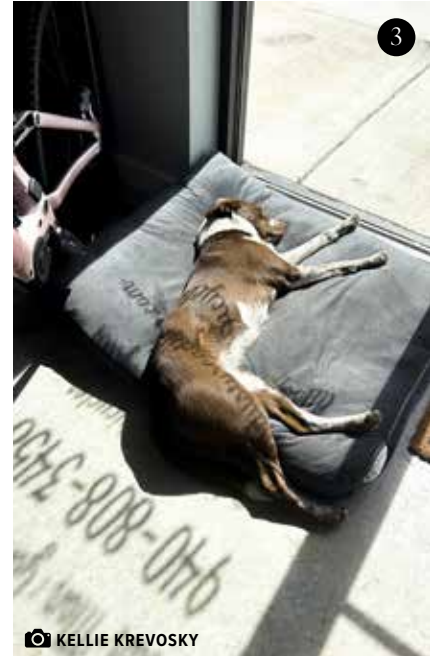
  **CONTACT ME**

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APRIL 2026

city scene

WHERE NEIGHBORS CAN SEE AND BE SEEN



1: Justin Coffee & Trading Co.'s Honey Bee Shaken Espresso alongside Catrina Curia's handmade leather products. 2: Fellowship of the Parks in Northlake Church hosted a small group car show. 3: Betty Lieu is working hard at Dusty Roads Bicycles! 4: LJ Artisan Designs handcrafted necklace. 5: The iconic EspressoSelf Coffee Bucket, with six shots of espresso, at the Tanger Outlets! 6: Aromas on Oak's chai latte. 7: Join us in Welcoming Square Cow Moovers as our new partner!

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Uncover the R3 Difference

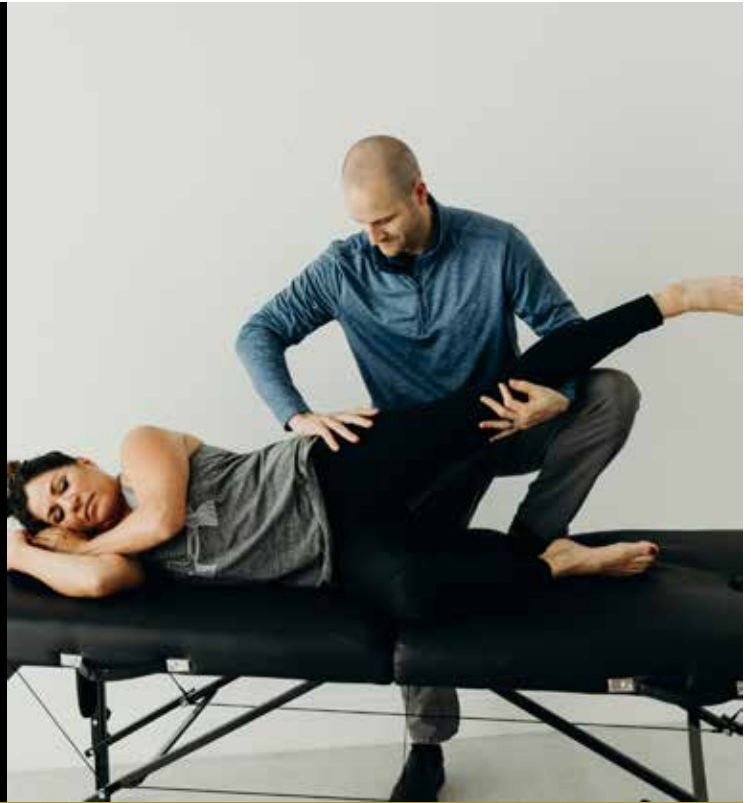
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business *monthly*

A ROUNDUP OF NEWS FROM LOCAL BUSINESSES



Harvest House Argyle

Looking to rent? Check out Harvest House! New residents are projected to start moving in May 2026. Harvest House offers that small town community feel without the distance. They offer one to two-bedroom apartments and multiple-room town homes with all the amenities. Illustration from Harvest House Argyle



Scan to read more



Photography by Savanna Romano

Lamar National Bank

Lamar National Bank is where banking means trust. Lamar brings that hometown feel to financial literacy to secure your future. From personal checking to home and business loans, they have the easy mobile and online solutions you need. They are your local partners, dedicated to helping you reach your goals.



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New Hope Equine Assisted Therapy

New Hope Equine Assisted Therapy is where horses mean healing. Their mission seeks to use the connection between horse and rider to help those with disabilities. New Hope Equine was hit by the 2026 ice storm and while recovering they are still in need of some help. Check out their website to see how you can donate for volunteer your time.



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Invest In Community

Nonprofit Fundraisers to Support this April

My dad always taught me to divvy up my money by ‘saving a little, spending a little and giving a little.’ For me, giving back was always exciting to think about – where would this money go and who would it support? This month, you can try out this philosophy by lending your dollars to our local nonprofits.

ARTICLE BY AVERY BALLMANN | PHOTOGRAPHY PROVIDED



Giving Grace staff at a fundraiser.

Giving Grace | Par for a Purpose, Apr. 13

Giving Grace is hosting their annual golf tournament: Par for Purpose on Apr. 13 at the Lantana Golf Club, 800 Golf Club Drive, in Lantana. Registration begins at 11 a.m. and will be followed by lunch. The shotgun start will begin at 1 p.m. Individual tickets are \$250 and Foursome tickets are \$800, taxes and fees will apply. All proceeds go to their Bedtime Rescue Program which provides critical support and emergency shelter for children and families experiencing homelessness.



Lantana's Ladies League Amazing Race team outside of Marty B's Coffee.

Lantana Ladies League | Amazing Race, Apr. 14

Get to know the women of the Lantana Ladies League and support the nonprofit, Journey to Dream, at their annual Amazing Race event on Apr. 14 at 6 p.m. Compete against other groups with your team to win prizes and make memories at Marty B's Coffee, 2664 FM 407, in Bartonville. This event is to close out the league's fiscal year and is open to the public! Register your team today on their website.



Photo by Hannah Borer at 2025 MAIN ST. Art Festival in Ft. Worth.

Downtown Fort Worth Initiatives, Inc. | MAIN ST. Fort Worth Arts Festival, Apr. 16-19

Spend your weekend of Apr. 16-19 to enjoy and support the arts at the 39th annual MAIN ST. Fort Worth Arts Festival. This festival is championed by the nonprofit, Downtown Fort Worth Initiatives, Inc. and there is something for everyone. Attendees can listen to over 35 live music sets throughout the weekend, watch dance performances and explore the local art. MAIN ST. is free to attend with no registration required and is located in Downtown Fort Worth.

CONTINUED >



Argyle Band Boosters checking in runners at last year's Band on the run event.

Argyle Band Boosters | Band on the Run, Apr. 18

Support the Argyle Band Program by attending their annual Band on the Run 1K, 5K and 10K race on Apr. 18 located at 6601 Canyon Falls in Drive in Roanoke. Registration for the 1K starts at \$25 and includes a t-shirt and finishers medal, the longer races increase in price and receive a timed race bib. This event will also have live music, raffle prizes, vendors and an appearance from one of the most decorated female veterans in history, Command Sergeant Major Gretchen Evans!



Photo provided by Jeff Taylor at last year's Clay Shoot.

Club of Champions Rotary | 7th Annual Clay Shoot, Apr. 24

Club of Champions Rotary of Justin is supporting local nonprofits and the community with their 7th Annual Clay Shoot fundraiser on Apr. 24 at Northlake Shooting Sports, 13055 Cleveland Gibbs Road, in Northlake. Whether you're a seasoned or first-time shooter, this event welcomes everyone! Teams have a chance to win raffle prizes which include wine and alcohol baskets, a complimentary day of golf, a YETI Cooler and more. Breakfast and lunch will also be served during the event along with some beer after the event. Single shooter tickets are \$125 and can be purchased on their website.



Last year's Glenn Garcelon Foundation Golf Fundraiser.

Glenn Garcelon Foundation | 15th Annual Golf Classic, Apr. 26

The Glenn Garcelon Foundation was created in honor of Glenn Garcelon, who lost his battle to brain cancer in 2012. The foundation supports and improves the quality of life of brain tumor survivors, caregivers and their families by providing emotional and financial support. You can support this cause by attending their 15th Annual Golf Classic on Apr. 26 located at 8718 Amen Corner in Flower Mound. Attendees can enjoy a day of golf, catered lunch, raffle prizes, wine pull and a banquet. You can purchase tickets or become a sponsor on their website.

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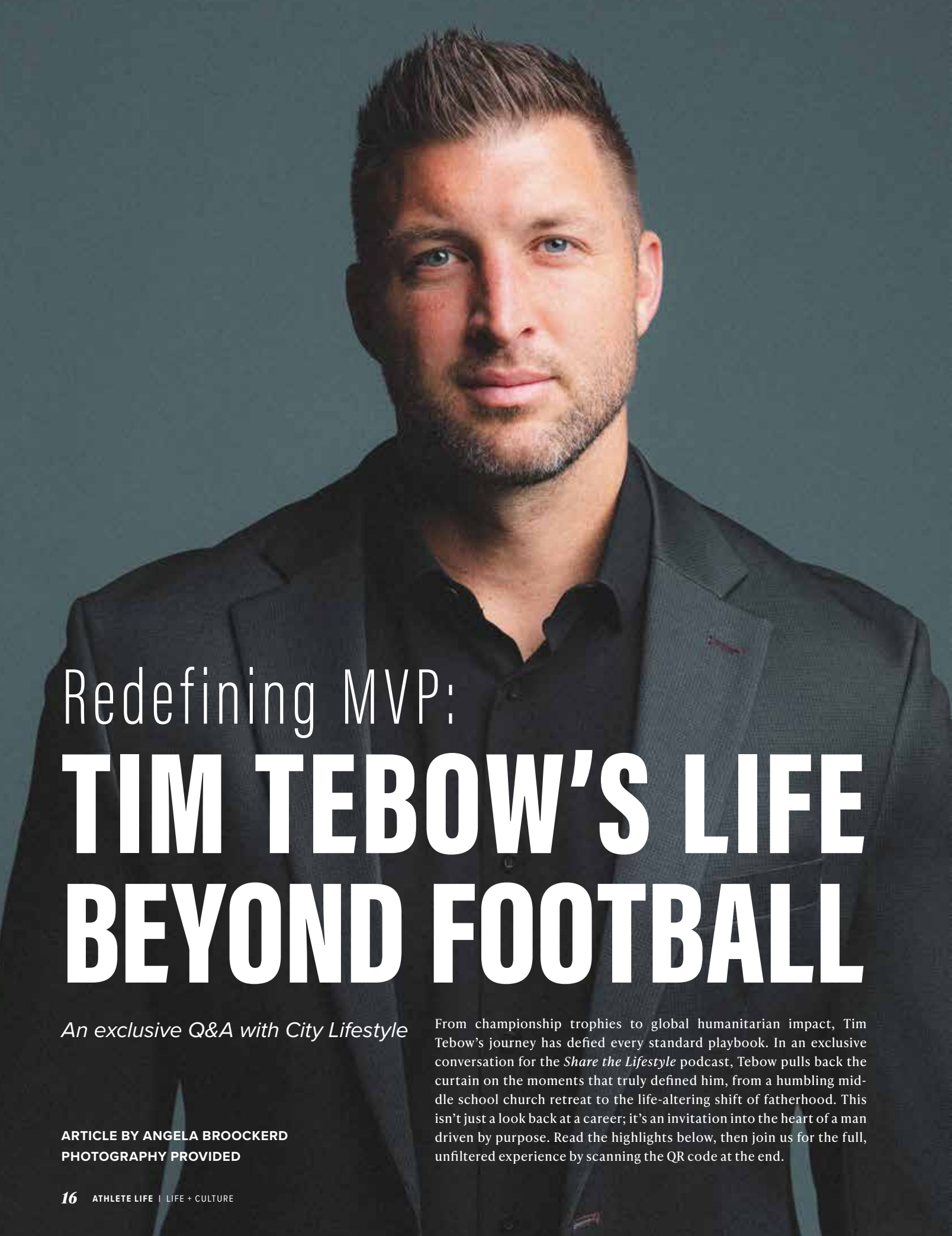


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Redefining MVP:

TIM TEBOW'S LIFE BEYOND FOOTBALL

An exclusive Q&A with City Lifestyle

ARTICLE BY ANGELA BROOCKERD
PHOTOGRAPHY PROVIDED

From championship trophies to global humanitarian impact, Tim Tebow's journey has defied every standard playbook. In an exclusive conversation for the *Share the Lifestyle* podcast, Tebow pulls back the curtain on the moments that truly defined him, from a humbling middle school church retreat to the life-altering shift of fatherhood. This isn't just a look back at a career; it's an invitation into the heart of a man driven by purpose. Read the highlights below, then join us for the full, unfiltered experience by scanning the QR code at the end.

Q: WE ALL KNOW YOUR ACCOMPLISHMENTS ON THE FOOTBALL FIELD, BUT TELL US ABOUT THE CURL CONTEST.

A: I was competing for my future high school team (my brother's team), and I pushed myself way past what was smart. I ended up collapsing and needing medical attention. But what stayed with me wasn't the pain, it was the lesson. Would I be willing to do something that others aren't? For much of my life, I strived to bring my best for a game, but I hope that I can say at the end of my life I was willing to do that for things that actually matter.

Q: YOU'VE ACHIEVED SO MUCH IN SPORTS. WHAT WOULD YOU SAY IS YOUR GREATEST ACCOMPLISHMENT NOW?

A: Becoming a dad. Nothing compares. From the moment I knew my wife was pregnant, I felt a new depth of love for our child, but when you bring your baby home, the responsibility hits you like nothing else. Suddenly, everything you see, every decision you make, you're asking, "Is this corner too sharp? What happens if she reaches that drawer?" It changes how you see the world and how you see other people.

Q: YOU'VE SPOKEN OPENLY ABOUT DISAPPOINTMENT, ESPECIALLY AROUND FOOTBALL. HOW DID THAT SEASON OF LIFE SHAPE YOU?

A: I talked a lot about that very thing in my book *Shaken*. We all go through moments where our faith in our abilities and purpose feels rattled, but I believe it's often in those storms when God can show us who we could become.

Q: YOU TALK A LOT ABOUT COMPARISON CULTURE. WHY DO YOU BELIEVE COMPARISON HAS BECOME SUCH A TRAP TODAY?

A: Because we're comparing our real, everyday lives to someone else's highlight reel. Social media shows people's "best day," often filtered and staged, and then we measure our reality against that. There's a reason filters are so popular—it's not real. We end up scrolling through images that don't tell the full story, and without realizing it, comparison starts to steal our joy and our gratitude.

“We’re comparing our real, everyday lives to someone else’s highlight reel... comparison starts to steal our joy.”

Q: YOUR FOUNDATION FOCUSES ON THE “MOST VULNERABLE.” WHERE DID THAT CALLING BEGIN?

A: When I was 15, I met a boy in the Philippines who was treated as a throwaway because he was born with physical differences. That moment changed me. I realized God was calling me to pursue a different kind of MVP, not “Most Valuable Player,” but “Most Vulnerable People.”

Q: FINALLY, WHAT'S ONE THING PEOPLE MIGHT BE SURPRISED TO KNOW ABOUT YOU?

A: I have some weird coffee habits, which include protein powder, collagen, and cream all mixed together. I love golf dates with my wife. And every night, I bring snacks to bed to share with our dogs. It brings me more joy than it probably should.

This conversation barely scratches the surface. Tim goes deeper into the moments that rattled him, the joys of fatherhood, and **one story he has never shared publicly until now**. Scan the QR code for the full, exclusive City Lifestyle interview on *Share the Lifestyle* Podcast.

Share the LIFESTYLE PODCAST

FEATURING TIM TEBOW

Redefining MVP

For the first time ever, Tim shares the inspiration behind a project he's been holding close to his heart.



Scan for the exclusive reveal and more with Tim Tebow unfiltered.



BY THE BOOKS

*Sara Wolfe, owner
of By the Books.*



An Accounting Firm Helping Small Businesses Invest In Their Dreams

ARTICLE BY KATE WILLIAMS

PHOTOGRAPHY BY SAVANNA ROMANO

Entrepreneurship often begins with passion and a leap of faith. While there is plenty of uncertainty in starting a business, a strong partnership can ensure business owners are able to invest in their dreams.

*Dr. Tory and Sara with
By the Books merch
inside his new clinic.*



“Stop thinking, ‘Well, I’m just a small business.’ Today you are ... but who knows what you could be.”

By The Books is an accounting firm that helps small businesses and entrepreneurs manage their finances by providing bookkeeping, financial analysis and payroll services.

Sara Wolfe, the owner of By the Books, and her team work with clients ranging from electricians to doggy daycares to nonprofits. Their services complement the work of a certified public accountant (CPA) who manages end-of-year taxes.

“A CPA is very big picture,” Sara said. “They are looking at all of the different pieces of a great big pie, whereas a bookkeeper is very fine-tuned into tedious transactional details.”

Sara provides free consultations, starting with a questionnaire and a virtual meeting to discuss a client’s financial needs.

“Opening up your books to somebody you don’t know is scary,” Sara said. “I help ease those fears and

let them know that everything’s going to be okay and we have their best interests at heart.”

Following a consultation, By the Books operates in two phases: project and maintenance. The project phase consists of going as far back as necessary to clean up a client’s books through the present day. Once compliant, clients can move right into day-to-day maintenance.

While many bookkeeping firms will charge clients based on a percentage of revenue made, By the Books’ business model charges based on transaction volume. They also offer three tiers of service: compliance, professional and growth.

Beyond standard bookkeeping services, the professional tier provides clients with financial analysis and can include back-office support, such as payroll and sales tax.

The growth tier is By the Books’ premier offering which includes both the previous tiers’ services, as

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*Dr. Tory Schoonmaker,
a physician and owner
of Vital Spine Therapy
chiropractic clinic.*



well as in-depth reporting and strategic meetings focused on a business's long-term growth. This is where Sara's passion for helping her clients succeed shines.

"I am trying to get people to stop thinking, 'Well, I'm just a small business,'" Sara said. "Today you are, but tomorrow, or six months from now, who knows what you could be."

By the Books supports many small business owners throughout their entrepreneurial journey, including Dr. Tory Schoonmaker, a physician and owner of Vital Spine Therapy chiropractic clinic.

Dr. Tory specializes in spinal decompression, chiropractic care and rehabilitative therapy with over 16 years of experience. The biggest challenge he faced when opening his own practice was that his responsibilities quickly expanded.

Suddenly, he found himself wearing many hats, not only taking care of clients, but also being responsible for payroll and advertising. He needed to delegate, so he reached out to By the Books.

"The partnership with Sara makes my life significantly easier," Dr. Tory said. "She does all the end-of-day closing and makes sure everything goes where it's supposed to go, so I don't have to worry about it; it's fantastic."

Dr. Tory said partnering with By the Books is, in one word, easy, and he described Sara as a "great accountability partner."

"As a small business owner, people that you can absolutely trust are really hard to come by," Dr. Tory said. "I never have to worry about that with Sara."

Even more so having recently opened a second office in the Dallas-Fort Worth Metroplex, he appreciates how he can count on By the Books to manage his finances, freeing his time to focus on what matters most: his patients.

"Now that I'm older, and maybe a hair wiser, I realize that working smarter, not harder, is the way to get more satisfaction and more joy out of your work," Dr. Tory said.

While some may not understand the value in hiring a bookkeeper, Sara further emphasized the importance of delegation as a small business owner.

"My question for the client is how much is your time worth?" Sara said. "Because you can do your own books, maybe, but how long is it going to take you? What are you missing out on because you're too scared to let go?"

*Sara offers a welcoming
approach to her bookkeeping
and offers three tiers
of service: compliance,
professional and growth.*



Sole proprietors, entrepreneurs and small businesses alike – Sara and By the Books want to help their clients tackle financial roadblocks and make their business dreams come true. For more information about By the Books, visit their website <https://www.bythebooks.biz/>, or call today at 682-220-9288.

“It is never too early,” Sara said. “My consults are free, and you can have as many as you need to get the foundation in place at the beginning. It makes life so much easier.”

*Sara consulting Dr. Tory
on financial services.*



Tom Larrabee, Branch Manager of Truly Nolen Pest & Termite Control.



IN'PEST' IN YOUR HOME

HOW DID YOU GET INTO THE PEST CONTROL BUSINESS?

Pest control wasn't initially on my radar as a career, and prior to joining Truly Nolen Pest & Termite Control, I was working in retail and food service. One day, a technician came to my home for a pest control service, and we began talking about the industry and the company he worked for. He let me know they were looking for a salesperson to work out of the Santa Fe, New Mexico area, and I decided to give it a shot. I developed that area into its own branch within a year, and three years later, the company asked if I would like to move to Keller, Texas, to take over the branch. Since I am originally from Texas, it seemed like a great move for my family, and we've been here ever since.

WHAT ARE SIGNS OF INFESTATION THAT PEOPLE MISS, AND ARE THERE ANY PESTS PEOPLE TEND TO OVERREACT TO?

People often misinterpret piles of sawdust on the windowsill as termites, but it is usually carpenter or acrobat ants. Carpenter ants excavate the wood and discard the debris, while termites actually consume the wood; you wouldn't actually see any sawdust left from termites. One pest everyone tends to overreact about is wasps. If you don't bother them, they typically will not bother you. However, on the other hand, many people underestimate termites and the damage they can cause to your home.

HOW DOES LANDSCAPING, MOISTURE, OR STRUCTURAL ISSUES CONTRIBUTE TO PEST PROBLEMS?

The most common landscaping mistake homeowners make is piling mulch in the front flowerbeds directly against the foundation of the home. Mulch is a cellulose material which is what termites eat, so by doing this, you will be directly drawing termites to your home. Combine this with frequently watering the area or bad drainage, and you have excessive moisture, which creates ideal conditions for many types of insects in addition to termites.

ARE DIY PEST CONTROL METHODS EFFECTIVE, AND WHEN SHOULD SOMEONE CALL IN A PROFESSIONAL?

No, these DIY methods are not effective. Most people will spray bugs they see and expect the issue to be resolved, but almost always, it is not. For instance, ants live in massive colonies numbering from a few hundred

CONTINUED >



Truly Nolen team treating perimeter of client's house.

Truly Nolen team on-site at a client's residence.



to tens of thousands, so spraying the 10-20 ants you see in your house won't stop the thousands of others from continuing to come inside and search for food and water. If you are currently facing issues and have tried treating them without relief, you should reach out to a professional before the issue becomes more difficult to get control of.

HOW MUCH PEST CONTROL IS ABOUT PREVENTION VS. TREATMENT?

It is always best to maintain preventive services rather than reacting only when you have a problem. Whether it's bugs, termites, or rodents, preventative services can help save homeowners from bigger expenses down the road. In regard to rodents, covering possible entry points leading into the home and attic could prevent them from chewing on water or electrical lines that could cost thousands of dollars to repair.

WHAT MAKES YOUR COMPANY'S APPROACH DIFFERENT FROM OTHER PEST CONTROL SERVICES?

We use what is called the IPM approach, which stands for Integrated Pest Management. What this means is that we start with the least toxic and invasive treatment first, and escalate as deemed necessary to address the issue at hand. Our protocol is also more thorough than most, and we incorporate multiple steps to address typical household pests at every visit.

WHAT WOULD YOU SAY TO HOMEOWNERS WHO MAY BE EMBARRASSED TO CALL ABOUT A PEST PROBLEM?

You should not be embarrassed about having a pest issue at your home. It is typically not a cleanliness issue, but rather an environmental issue. You live in North Texas, and that means you have to deal with bugs and rodents. So do your neighbors, as well as everyone else in the area, whether they admit it or not.

With that being said, if you are tired of dealing with your pest issues yourself, consider giving Truely Nolen Pest Control a call at 817-337-9839.

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NASCAR Tripleheader
weekend kicks off on May 1

NASCAR *Tripleheader*





*Christopher Bell of
Joe Gibbs Racing at TMS.*

Texas Motor Speedway to Host Race Weekend May 1-3

ARTICLE BY AVERY BALLMANN
PHOTOGRAPHY BY GETTY IMAGES

As soon as your paycheck hits the account, the funds are immediately put to work. This money goes toward the mortgage, groceries, gas, savings, retirement and other necessities, but does your budget have a section dedicated to spending it on something fun? It's difficult to find an inexpensive outing for a family, but luckily for North Texas residents, Texas Motor Speedway (TMS)

CONTINUED >

There are plenty of photo opportunities for fans to take advantage of.



Joey Logano of Team Penske – 2025 WÜRTH 400 presented by LIQUI MOLY winner.



Dad and daughter gearing up for the race.



is right in your backyard and they pride themselves on affordable event pricing. NASCAR is returning to the speedway with a tripleheader weekend, May 1-3, and it is an event the family will not want to miss.

“A family can come out here for a very affordable day. You don’t find that pricing here in the DFW area,” TMS general manager, Mark Faber, explained. “We are very cognizant of our owner and founder, Bruton Smith, who has passed away. One of his mottos was, ‘We work for the fans.’ Families are critically important, and so we price it the right way.”

Children 12 and under with a ticketed adult will be able to get into the Friday and Saturday races for free and for only \$10 on Sunday. Two adults can purchase tickets for \$99 and college students with a valid ID can attend for \$25. General parking is always free at the speedway, and they offer a free tram service around the campus.

TMS has been serving its fans for decades and at the upcoming race weekend in May, they will be celebrating their 30th anniversary as well as Cinco de Mayo. Attendees can enjoy live music, free entertainment acts including sea lions, stilt walkers, roaming magicians, dance groups, Fort Hood helicopter flyovers, NASCAR driver appearances in the Fan Zone (located between Gates 2 and 7), and of course, some really fast cars.

“The racing is always going to be core for what we do, and that’s going to be three hours on the track, but the Fan Zone is going to be open four hours before the race,” Faber said. “Fans can get oriented, go out and have a good time. They can kind of get away from everything and come out to celebrate NASCAR and family fun.”

Faber strongly recommends that rookies arrive at the track early. This allows them to not only enjoy the amenities but also to get familiar with the 1,500-acre campus. Ambassadors are located along the 1.5-mile loop to help redirect and assist attendees who lose their way.

CONTINUED >

TMS will be celebrating Cinco de Mayo on the May 1-3 race weekend.



Fans can experience free entertainment and photo-ops in the Fan Zone.



Other important tidbits fans should know before they attend is that they are allowed to tailgate, bring in coolers with sealed food and drink items, seat cushions and they can even camp on the grounds for the entire weekend. These are just a few ways families can save on costs and remain comfortable on race day.

While the speedway may have looked different 30 years ago at its inception, the one thing that hasn't shifted is its values.

"I think it is important for people to understand our company and our background. We're based on faith, family, friends and fun, the four F's, and that aligns very closely with me, personally, as well as professionally, and

many of the staff as well," Faber expresses. "Our staff here knows that at race weekend we're going to promote family values."

The CRAFTSMAN Truck Series SpeedyCash.com 250 opens the weekend at 7 p.m., followed by O'Reilly Auto Parts Series Andy's Frozen Custard 340 on Saturday, May 2 at 2:30 p.m. The weekend culminates with the marquee WÜRTH 400 presented by LIQUI MOLY on Sunday, May 3, at 2:30 p.m. Prior to Sunday's race, fans can enjoy a concert and a swearing-in ceremony for personnel stationed with the U.S. Army Fort Hood. To purchase tickets, visit <https://www.texasmotorspeedway.com/> or call 817-215-8500.

Spacious stands offer families to freely move around during the race.



APRIL 2026

events

A SELECTION OF UPCOMING LOCAL EVENTS

EVERY FRIDAY

Blues Jam at the Bartonville Store

96 McMakin Road, Bartonville, TX / 7:00 PM

Every Friday night enjoy the Blues Jam music series at the Bartonville Store! With a different local artist every week, you'll discover new Blues music and talent. This show is free admission and begins at 7 p.m.

APRIL 2ND

Ladies' Night 2026

1429 W. First St., Justin, TX / 6:00 PM

Justin Ace Hardware is hosting their annual Ladies' Night benefitting Cook's Children's Hospital! This event is free admission and 100% of the sales from the store will be donated. The party begins at 6 p.m. and you can enjoy food, drinks, photo booth and prize wheel while you attend!

APRIL 4TH

Breakfast with the Bunny

800 Eagle Drive, Argyle, TX / 8:00 AM

Join the Argyle Lions Club and the Easter Bunny for a pancake breakfast starting at 8 a.m. Tickets for children are \$5 and adults are \$8.

APRIL 4TH

Argyle Easter Egg Hunt

306 N. US-HWY 377, Argyle, TX / 9:00 AM

After you finish breakfast with the Argyle Lions Club, hop on over the Town of Argyle's Easter Egg Hunt! There will be games, a waterslide, kiddy train, local artisans and live music. This event is free and open to the public from 9 a.m. to 12 p.m.

APRIL 4TH

Bartonville Farmers Market

96 McMakin Road, Bartonville, TX / 10:00 AM

The Bartonville Farmers Market is back for the season! Enjoy fresh produce, homemade goods and community every Sunday from 10 a.m. to 1 p.m.

APRIL 5TH

Hilltop Farmers Market

8150 Thompson Road, Northlake, TX / 10:00 AM

For readers living in Northlake, Hilltop Truck Park is hosting their weekly farmers market from 10 a.m. to 2 p.m. There will be local vendors that will have fresh produce, homemade desserts and more!

Want to be featured?

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APRIL 9TH

Roanoke's Evenings on Oak Street

150 Austin St., Roanoke, TX / 6:30 PM

The City of Roanoke is kicking off their bi-weekly concert series, Roanoke's Evenings on Oak Street! Enjoy live music in the historic plaza for free beginning at 6:30 p.m.

APRIL 11TH

Opening Day: Justin Farmers Market

417 N. Sealy Ave., Justin, TX / 9:00 AM

Celebrate the opening day of the Justin Farmers Market from 9 a.m. to 2 p.m. Along with the typical market goods, there will also be a plant sale!

APRIL 12TH

Pasta Workshop

427 US-377 South, Argyle, TX / 2:00 PM

Join Chef Wade Wright at Earl and Isabella's Tavern at 2 p.m.! Learn how to make pasta completely from scratch and take home a basket of goodies such as prosecco, flower bouquet, and more. Tickets are \$100 and can be reserved by phone 940-464-4444.

APRIL 18TH

Bubble Run

3545 Lone Star Circle, Fort Worth, TX / 8:00 AM

Who knew bubbles could make a 5K sound so fun? Run throughout the Texas Motor Speedway campus and enjoy this fun event with the entire family. The race will begin at 8 a.m.

APRIL 18TH

Live Music: Mattie Rose

206 N. Oak St. / 7:00 PM

Mattie Rose is performing live at The 206 Brewery in Roanoke! Mattie Rose's vibe will make you feel like you've stepped back into the Old West with a modern Texas flair! Her show will begin at 7 p.m.

APRIL 30TH

Silent Book Club

400 S. Oak St. Ste. #140, Roanoke, TX / 6:00 PM

Read, relax, meet book enthusiasts and support local businesses at the Novel Narwhal's monthly Silent Book Club! Start the evening with chit chat at 6 p.m., then settle into your book for an hour and commence with group discussion. This is a great way to recharge and make new connections by reading books you like.

ARTICLE BY SOPHIE BROCK

FOUR SIMPLE WAYS TO
INVEST IN YOUR MORNING
AND START YOUR DAY OFF
ON THE RIGHT FOOT

morning habits for success



One of the best ways to invest in yourself is by creating a consistent and intentional morning routine. No matter how unpredictable or chaotic the rest of your day may become, starting your morning with self-care and purpose sets a positive tone that stays with you throughout the day. Once you develop a morning routine that truly resonates with you, you'll look forward to it every night, knowing it will set the foundation for a productive and fulfilling day.

If you're ready to elevate your mornings, here are some meaningful ways to invest in your routine and start each day on the right foot.

Be Your Own Barista:

One of life's simplest pleasures is savoring a homemade coffee each morning. While skipping the drive-thru may be tough at first, brewing your own allows you to appreciate the process—and chances are, you'll end up preferring your own perfect cup of joe.

Get Your Steps In:

An hour-long gym session before work may not be realistic, but a quick morning walk is. Use this time to clear your mind, enjoy nature, and listen to your favorite podcast or artist—an easy way to start your day feeling relaxed.

Enjoy Some Breakfast:

Breakfast is the most important meal of the day, yet often the most overlooked. Setting your alarm just minutes earlier to prepare a fresh, nutritious meal can transform your morning, fueling your body and mind for a more energized and productive day.

Read A Book:

Starting your day with a book is far more calming than scrolling through social media. Reading in the morning helps ease you into the day, providing a peaceful and mindful escape that sets a positive, focused tone for what's ahead.



Captured Through Faith

Savanna Romans

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